

SURAJ PARAJULI

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Education

Master's in Global Affairs (Governance and Policy)

Keough School of Global Affairs (KSGA), University of Notre Dame, USA (Aug 2025 - May 2027)

Fields: Global Governance, Global Health Policy, International Relations, Causal Inference

Bachelor's in Health Care Management (BHCM)

Nobel College, Pokhara University, Kathmandu, Nepal (Sep 2017 - Aug 2022)

Fields: Hospital Management, Epidemiology, Community/Public Health

Publications

Peer-Reviewed Research

- **Parajuli, S***, Hartmann, S., Pant, P. R., Kharal, P. M., Gurung, T. W., Dhakal, H. R., Bhandari, P., & Acharya, T. (2026). Aging in the Himalayas: Assessing the Quality of Life and Needs of Senior Citizens in Lomanthang, Nepal. *Sage Open Aging*. <https://doi.org/10.1177/30495334261485627>
- Karki, P., **Parajuli, S.**, Gandhi, M. *et al.* Ethnic disparities in cancer prevalence in Nepal from a 6-year analysis of a single tertiary hospital cancer registry. *Discover Public Health* 23, 282 (2026). <https://doi.org/10.1186/s12982-026-01607-9>
- Thapa, P., **Parajuli, S.***, Acharya, T., & Pun, U. (2025). Role of alumni associations in their alma mater: An exploratory study on higher education institutions of Kathmandu Valley. *Social Sciences & Humanities Open*, 12, 102184. <https://doi.org/10.1016/j.ssaho.2025.102184>
- Pant, P. R., Bhatt, D. C., Bhandari, C. S., Air, A. B., Pant, P. R., **Parajuli, S.**, & Sedain, B. (2024). Exploring Health Resilience Practices in Lumbini, Karnali, and Sudurpaschim Provinces. *Journal of Durgalexmi*, 3(1), 192–215. <https://doi.org/10.3126/jdl.v3i1.73870>

Selected OpEd Articles

- **Parajuli, S.** (2026). Save Federalism From Rent-seeking Practice [Op-ed]. *The Rising Nepal*. <https://risingnepaldaily.com/news/73791>
- **Parajuli, S.** (2025). Rethinking Policy through Integral Human Development [Op-ed]. *The Annapurna Express*. <https://theannapurnaexpress.com/story/59471/>
- Dulal, S., **Parajuli, S.** (2025). Policy Needed Against Antimicrobial Resistance [Op-ed]. *The Rising Nepal*. <https://risingnepaldaily.com/news/58125>

Policy Briefs and Reports

- Puspa Raj Pant, Bhagabati Sedain and **Suraj Parajuli** (2025). *The Status of Drowning in Nepal: National Report 2025*. NIRI Unit for Prevention and Life-Saving Activities, Lalitpur, Nepal
- Bhagabati Sedain, Puspa Raj Pant, and **Suraj Parajuli** (2024). “[Policy Brief: An Advisory for Water Risk and Drowning Prevention](#)” submitted to the Ministry of Health and Population, Nepal
- Pant, P. R., **Parajuli, S.** (Ed.) (2024). Non-Communicable Diseases in Nepal: Current Challenges and Remedies. [Proceedings of the NIRI Annual Research Symposium 2024](#). July 13, 2024. Lalitpur, Nepal. Nexus Institute of Research and Innovation (NIRI).

Book Translation

- Translated the book “[The Blue Dragon Emerging From the Water](#)” by Garry Seghers into Nepali as “[निलो डल्फिन पानीबाट निस्कन्छ](#)”, a storybook teaching water safety to children in Nepal.

Ongoing Projects

Selected Working Papers and Work-In-Progress

- “Cerebral Palsy in Nepal: Epidemiology, Etiology, and Global Disparities in Diagnosis and Care” (Under Review)
- “Cyclist safety practices in Nepal: Evidence from Bike-Barometer Survey 2023.” (Under Review)
- “Policies on Antimicrobial Resistance in Nepal: An Insight through SWOT Analysis ”
- “Antifungal Resistance in Nepal: a systematic review and meta-analysis”
- “Democratic Citizenship and the Provision of Electricity in Rural Nepal" (data collected)

Research Experiences

Integration Lab, University of Notre Dame & Catholic Relief Services (Malawi), (Sep 2025 - Present)

Graduate Research Consultant / Research Lead

- Led research examining how the Graduation Model influences vulnerable children’s well-being, household resilience, and reintegration outcomes in Malawi.
- Designed the research methodology, including study design, sampling, data-collection tools, ethical protocols, and qualitative analysis strategies.
- Generated primary field evidence in rural Malawi through 6 focus group discussions and 60 key-informant interviews, in collaboration with CRS Malawi and Lusubilo Community Care.
- Led qualitative analysis to identify pathways shaping child and household outcomes, translating findings into evidence to inform program learning and implementation.

Pulte Institute for Global Development, University of Notre Dame, Indiana, USA (Feb 2026 - Present)

Research Assistant

- Systematically review the academic literature and selected news portals in Nepal relevant to the project’s research questions, and systematically code the identified literature and news articles
- Support the Principal Investigator (PI) and Co-PIs in recruiting participants and facilitating virtual Focus Group Discussions and Key Informant Interviews, assist in drafting research reports

Nexus Institute of Research and Innovation (NIRI), Kathmandu, Nepal (Nov 2022 - Jul 2025)

Administrative Officer and Research Fellow

- Managed 10+ research teams, including the national-level Nepal Family Cohort Study, ensuring coordination and legal compliance; Formulated organizational policies, procedures, and strategies
- Partnered with local governments and stakeholders on health awareness and drowning prevention projects; focal person for the NIRI Unit for Prevention and Life Saving Activities (NPLSA)
- Designed and implemented communication strategies and policy briefs; produced newsletters and reports to engage stakeholders; coordinated the different virtual and in-person training, workshops, webinars, and mentorship programs

Freelance, Kathmandu, Nepal (Jul 2020 - Dec 2022)

Research Assistant

- Conducted 100+ interviews for PhD research on gender in post-disaster reconstruction, ward-level quotas, and heritage sites; translated primary/secondary materials between Nepali and English
- Collected public information on post-earthquake reconstruction in the urban centers of the valley

Other Professional Experiences

- **Communication Assistant**, Ansari Institute for Global Engagement with Religion, University of Notre Dame, Indiana, USA (Nov 2025 - Present)
- **Digital Marketing and Business Development Officer**, Software Shark Tech Pvt. Ltd., Kathmandu, Nepal (Jan 2023 - Jul 2025)
- **Digital Content Coordinator**, Media 9 Pvt. Ltd., Kathmandu, Nepal (Dec 2020 - May 2022)

Fellowships and Grants

Fellowships

- Full-ride Fellowship for the Master of Global Affairs (MGA) by the Liu Institute for Asia and Asian Studies, KSGA, University of Notre Dame, USA, 2025-27
- DC Immersion: Policy Impact & Networking Fellowship, Fall 2026, KSGA
- Diplomacy Fellowship, Spring 2026, by Nanovic Institute for European Studies
- Samaanta Foundation Fellowship for high school and undergraduate, 2015-2022
- Pravin Dhakal Research Fellowship 2023, a research project on Cerebral Palsy, by NIRI

Grant

- Kalasha Foundation, Switzerland (2025) – USD 17,300. Senior Citizen Care (SCC) project to assess the quality of life and healthcare needs of senior citizens in Lomanthang, Upper Mustang, Nepal (Role: *Co-PI*, PI: Dr. Tulasi Acharya), implemented through NIRI

Awards

- Finalist, Global Health Case Competition 2026, University of Notre Dame
- Fundraiser of the Event. Walkathon (2029). Teach For Nepal (TFN).

Conference Presentation

- “Policy Analysis of Antimicrobial Resistance in Nepal: Challenges, Gaps and Recommendations” presented at the 11th National Summit on Health and Population Scientists in Nepal, Nepal Health Research Council, 2025
- “Role of Alumni Associations in their Alma Mater,” presented at the Second International Conference on Heritage, Innovation and Transformation, Far Western University, Nepal (2025)
- “The Provision of Electricity in Rural Nepal,” co-presented with Shana Scogin via Zoom. American Political Science Association (APSA) Annual Conference, Los Angeles, CA (2023)

Selected Invited Talks

- “[Flash Panel: Nepal's Gen Z Uprising: Next Government and Future](#),” Liu Institute for Asia and Asian Studies, University of Notre Dame, IN. (Apr 2026)
- “[The Intersection of Faith and Sustainability](#),” Ansari Institute for Global Development with Religion, University of Notre Dame, IN. (Jan 2026)

Service and Community Outreach

- **Vice President of Treasury**, Student Academic Council, MGA, KSGA (2026)
- **Outreach Manager**, Nepalese Student Association at Notre Dame, USA (Sep 2025-Present)
- **Member of Fellows Selection Committee**, Samaanta Foundation, Nepal (Jan 2022 – Present)
- **Campaign Lead**, *#OneMoreFellow Fundraising Campaign*, Samaanta, raised \$4000
- **Mentor**, Aakar Nepal, Nepal (Jun 2024 – Sep 2025)
- **College Lead**, Teach For Nepal (TFN), Nepal (Jun 2019 – Aug 2020)

Training, Certificates, and Skills

- Software: SPSS, STATA, NVivo, Atlas.ti, R, MS Office Suite, Canva
- CITI certified for research with human subjects, University of Notre Dame, USA (Mar 2023)
- Lean Six Sigma Green Belt, Coursera (Mar 2023)
- Facebook Certified Digital Marketing Professional Certificate, Coursera (Jul 2021)
- Basic First Aid training by the Nepal Red Cross Society (Jan 2021)
- Language skills: Nepali (native), English (fluent), Hindi (intermediate)